## Alcohol & Drug Prevention

Provide information, resources and technical assistance to schools and communities, offer youth development opportunities to reduce and prevent use of alcohol and other drugs among our youth, and provide support to coalitions.

#### Priorities include:

- Supporting Parent Education, including Strengthening Families Program (10-14).
- Working with retailers and state liquor control agencies to reduce access of alcohol, tobacco and other drugs to minors.
- Promoting the statewide mORe campaign to increase positive community norms around substance abuse.
- Supporting local middle and high schools with in-class presentations, local resources, assistance with evidence based substance abuse prevention curriculum.

Resources and information available regarding most commonly used drugs among youth, signs and symptoms of use, and how to help if concerned about someone else's use.

\* Presentations, resources, and information for displays are available in both English and Spanish.

## Tobacco Prevention & Education Program



Provide technical assistance in

developing and implementing tobacco free and smoke free policies in

- Worksites \* Outdoor venues
- Community colleges & universities
- Multi-unit housing \* and More

We also provide cessation materials and information for individuals who desire to quit smoking.

\*Presentations, resources and information for displays are available.

## Problem Gambling Prevention

Education and awareness campaign to assist in:

- Understanding the impact problem gambling can have on families, businesses and the overall community
- Helping community members recognize signs of problem gambling
- Identifying resources available for individuals/families dealing with a gambling problem
- Protecting businesses and providing support to problem gamblers in the workplace

### Teen Pregnancy Prevention

A grant funded program that includes implementation of *¡Cuídate!,* an evidence based teen pregnancy prevention curriculum, The program is specifically tailored to aspects of Latino culture.

7 hours of interactive sessions are offered in both English and Spanish to Latino youth age 13-18. Activities include videos, demonstrations, discussions and skills building activities.

In addition, a parent workshop will be offered related to talking to your kids about sexual health topics.



Healthy Corner Stores Initiative

Provide store owners assistance and incentives to stock, sell and promote healthy food items, ensuring healthy foods and beverages are available in corner stores.

<sup>\*</sup>Presentations, resources, and information for displays are available in both English and Spanish.

# Who is the Prevention Team?

Dedicated health educators working with multiple sectors of the community to promote healthy living.

#### What is it we do?

- Disseminate information
- Provide technical assistance in delivering research-based prevention curricula in schools and community
- Provide resources for youth and families
- Provide technical assistance in implementing policies to create healthy environments
- Promote positive youth development opportunities
- Assist Oregon Together groups in mobilizing our communities toward change

As the needs our community change, so do our efforts.

Why do we do this?

Prevention Works!



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Maríon County Health Department

# Prevention Services

Putting the pieces of prevention together



#### **HOW TO REACH US?**

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